



Tudor Grange Academy Redditch

Dear Parent /Carer

Sex and Relationship Education at TGAR

As you may be aware we have remodelled our Personal, Social and Health education. From this year, students will be studying the *Tudor Values Life Skills Programme* during tutor times and in assemblies. The programme will encompass topics such as healthy eating, British Values, sex and relationship education, mental wellbeing, first aid, employment and media safety.

The aim of the *Tudor Values Life Skills Programme* is to enhance the existing curriculum in educating pupils on how to keep themselves safe. We aim to guide them through the difficulties of being a teenager, to prepare them for life after school so they are fully equipped to engage in society and make healthy well-informed decisions. Examples of topics your child will be studying include 'whose responsibility is it to use protection' and 'what is a dysfunctional relationship'. If you would like a full list of the topics studied please contact myself through the school reception.

You have the right to excuse your child from the Sex and Relationship Education portion of this programme. They will be excused without penalty and will be provided with an alternative assignment. If you wish to excuse your child from the Sex and Relationship Education portion of the curriculum, please fill in the attached form and return to Student Services by the Thursday 24th September.

Yours sincerely,

Mr Michael Connolly
Head of PSHE



Sex and Relationship Education Opt-Out Reply Slip

*I do not give permission for my child to take part in Sex and Relationship Education

Student Name:.....

Tutor Group:.....

Signed:.....Parent/Guardian

Date:.....

RETURN TO STUDENT SERVICES BY THURSDAY 24TH September

